



Become a Goulding SleepTalk™ for Children Consultant.

Thank you for your enquiry regarding becoming a Goulding SleepTalk™ for Children consultant. Applicants with the professional background such as your self are indeed very welcome to the team. Please be advised that acceptance into the Goulding SleepTalk™ for Children Consultancy training program is not limited on the basis of age, gender, social or educational background, however qualifications and experience in an appropriate field of the 'helping professions', e.g., Clinical Hypnotherapy, Health Care, Communication, Psychology, Education, Human Resources, Naturopathy, or Counselling would be an advantage. The nature and depth of applicants' formal qualifications will vary widely, but participants must be of mature age with a demonstrated desire to learn the techniques and strategies offered, and have current membership of an appropriate professional association.

Each applicant needs to have an ability to cope with the academic and practical requirements of the course, and be motivated with a desire to assist parents to implement the program. In addition, a sound level of emotional maturity and life experience will assist in empathising with, and appropriately responding to clients' needs.

Importantly, applicants are required to make a commitment to applying the highest ethical standards in their work with the Goulding SleepTalk™ process. To ensure the absolute integrity of the program, a police report or equivalent will be required, even though the Goulding SleepTalk™ process does not require the Consultant to work directly with children.

SKYPE or individual self-paced training is offered in 2 hour time frames to suit both parties and covers 3 practical days of training within a 4-6 month time frame. A minimum 24 hours of practical training is required which offers up to 120 nominal hours for assignments and case histories requirements. Competency is assessed throughout the course and includes workshop participation and written project-based case history documentation.

Certification that the participant has attained the required levels of competency allows the graduate to apply basic and advanced strategies and techniques. Graduate Consultant's certification allows the holder of that award to establish their own Goulding SleepTalk™ practice and can apply to be registered on the SleepTalk™ Consultants website.

Consultants are required to accept and agree to be bound by the professional Ethical Standards and Code of Practice of The Goulding Institute.

On completion of the SleepTalk™ training you will be able to:

- Analyse the framework of the Goulding SleepTalk™ process.
- Discuss the rationale behind the use of the Goulding SleepTalk™ process.
- Describe the basic considerations and assumptions of the Goulding SleepTalk™ process.
- Identify, discuss and analyse the 'Legacy Tree'.
- Discuss the therapeutic approach to resolving basic and primary issues and identifying brain wave frequencies.
- Identify different brain wave frequencies that occur throughout the sleeping cycle.
- Evaluate the relevancy and explain the Goulding 'Top Hat' theory.
- Discuss the 'RAS' relevant to different brain wave frequency.
- Assess the appropriateness and application of specific suggestions.
- Describe the 'Foundation Process'.

- Evaluate the relevancy and analyse SleepTalk™ feedback statements.
- Apply concepts and principles of waking suggestion and the rationale for presenting SleepTalk™ each night.
- Outline a frame of reference which will provide the desired changes in behaviour.
- Distinguish appropriate suggestions.
- Formulate specific content of the 'SleepTalk™ Foundation' script.
- Propose and implement a process which integrates desired changes of behaviour in a child.
- Formulate specific content of the SleepTalk™ 'Primary area on need' script.
- Propose and implement a process which will provide desired changes of behaviour in a child.

Resources supplied:

- An extensive training manual.
- Presentation DVD.
- Supporting documentation
- CD resources.

Certification:

Upon successful completion of the course and the receipt of all assignment requirements, a certification as an accredited Goulding SleepTalk™ for Children Consultant will be issued with an invitation to apply for your profile to be registered with the SleepTalk™ Consultant website.

Discussions and confirmation of the commencement date and the self-paced ongoing training is organised upon receipt of the application documentation.

I look forward to receiving your application and the opportunity of working with you.

Kind regards



Joane Goulding

To contact Joane Goulding:

Phone: 61 + 3 + 9802 6962 SKYPE Contact: joanesleeptalk

joane1@bigpond.com www.sleep-talk-children.com



Accredited Goulding SleepTalk™ Consultant Training Program
(Please print and return)

My details are: Mr: ___ Mrs: ___ Miss ___ Name: _____

Address: _____

Suburb: _____ State: _____ P/C: _____ Country: _____

Ph: (BH) _____ (AH) _____

Mobile: _____ Email: _____

How did you hear about this course? _____

My current and main occupation is: _____

I am a practising member of an appropriate and relevant professional associations (Please provide the name of your professional associations)

I have attached a copy of my **current** association membership certificate.

Professional Information -- *Select all that apply:*

I have not been found guilty of any offence in Australia or overseas.

I have not been refused admission to or been asked to withdraw from a professional association or registration board.

I am not aware of any formal complaints of professional misconduct having been made to any professional association, organisation or registration board against me.

There are no complaints of professional misconduct currently under investigation in relation to my current/past work.

SKYPE - 2012 Melbourne Course Dates:

Level 1: TBA. Level 2: TBA. Level 3: TBA

Documents Attached: WWC - Police Report or Equivalent Yes: _ No: _

Deposit \$250 Course Fee: \$1,150

Contact: (03) 9802 6962 - Email: joanel@bigpond.com - www.sleepwalkchildren.com

Return this form with your full payment or deposit to:
291, Blackburn Road, Burwood East, Vic, Australia 3151

Payment Options: Money Order/Cheque: Payable: SleepTalk for Children or
paypal@sleepwalkchildren.com

Direct Deposit.

Bendigo Bank: BSB Number: 633 108 Account No: 1316 95413
Account Name: J M Goulding T/AS SleepTalk for Children