



## Become a Goulding SleepTalk™ for Children Consultant.

Thank you for your enquiry regarding becoming a Goulding SleepTalk™ for Children consultant. Applicants with the professional background such as your self are indeed very welcome to the team. Please be advised that acceptance into the Goulding program - SleepTalk™ for Children consultancy training is not limited on the basis of age, gender, social or educational background, however qualifications and experience in an appropriate field of the 'helping professions', e.g., Clinical Hypnotherapy, Health Care, Communication, Psychology, Education, Human Resources, Naturopathy, or Counselling would be an advantage. The nature and depth of applicants' formal qualifications will vary widely, but participants must be of mature age with a demonstrated desire to learn the techniques and strategies offered, and current membership of an appropriate professional association.

Each applicant needs to have an ability to cope with the academic and practical requirements of the course, and be motivated with a desire to assist parents to implement the program. In addition, a sound level of emotional maturity and life experience will assist in empathising with, and appropriately responding to clients' needs.

Importantly, applicants are required to make a commitment to applying the highest ethical standards in their work with the Goulding SleepTalk™ process. To ensure the absolute integrity of the program, a police report will be required, even though the Goulding program does not require the Consultant to work directly with children.

The training offered is over 3 practical (1day) training sessions within a 4-6 month time frame. A minimum 24 hours of practical training is required which offers up to 120 nominal hours for assignments and case histories requirements. Competency is assessed throughout the course and includes workshop participation and written project-based case history documentation. Recognition for prior learning is acknowledged in the fee structure upon application. **'Fast Track' training is also available for interstate or off shore participants.**

Certification that the participant has attained the required levels of competency allows the graduate to apply basic and advanced strategies and techniques. Graduate Consultant's certification allows the holder of that award to establish their own Goulding SleepTalk™ practice and can apply to be registered on the SleepTalk™ Consultants website.

Consultants are required to accept and agree to be bound by the professional Ethical Standards and Code of Practice of The Goulding Institute.

### **On completion of the SleepTalk™ training you will be able to:**

- Analyse the framework of the Goulding SleepTalk™ process.
- Discuss the rationale behind the use of the Goulding SleepTalk™ process.
- Describe the basic considerations and assumptions of the Goulding SleepTalk™ process.
- Identify, discuss and analyse the 'Legacy Tree'.
- Discuss the therapeutic approach to resolving basic and primary issues and identifying brain wave frequencies.
- Identify different brain wave frequencies that occur throughout the sleeping cycle.
- Evaluate the relevancy and explain the Goulding 'Top Hat' theory.
- Discuss the 'RAS' relevant to different brain wave frequency.
- Assess the appropriateness and application of specific suggestions.
- Describe the 'Foundation Process'.
- Evaluate the relevancy and analyse SleepTalk™ feedback statements.

- Apply concepts and principles of waking suggestion and the rationale for presenting SleepTalk™ each night.
- Outline a frame of reference which will provide the desired changes in behaviour.
- Distinguish appropriate suggestions.
- Formulate specific content of the 'SleepTalk™ Foundation' script.
- Propose and implement a process which integrates desired changes of behaviour in a child.
- Formulate specific content of the 'SleepTalk™ Primary area on need' script.
- Propose and implement a process which will provide desired changes of behaviour in a child.

**Resources supplied:**

- An extensive training manual.
- Presentation DVDs.
- Supporting documentation
- CD resources.

**Certification:**

Upon successful completion of the course and the receipt of all assignment requirements, a certification as an accredited Goulding SleepTalk™ for Children Consultant will be issued with an invitation to apply for your profile to be registered with the SleepTalk™ Consultant website.

There is a limit of 8 places offered in each intake so that the classes are small enough for personal attention. Morning and afternoon teas are included in the cost.

Please complete and return the following application documentation. I look forward to receiving your application documents and the opportunity of working with you.

Kind regards



Joane Goulding

**To contact Joane Goulding:**

**Phone: 61 + 3 + 9802 6962**

**SKPYE Contact: joanesleeptalk**

[joane1@bigpond.com](mailto:joane1@bigpond.com)

[www.sleepwalkchildren.com](http://www.sleepwalkchildren.com)



**Accredited Goulding SleepTalk™ Consultant Training Program  
(Please print and return)**

My details are: Mr:\_\_\_ Mrs:\_\_\_ Miss\_\_\_ Name:\_\_\_\_\_

Address: \_\_\_\_\_

Suburb:\_\_\_\_\_ State:\_\_\_\_\_ P/C:\_\_\_\_\_ Country\_\_\_\_\_

Ph: (BH) \_\_\_\_\_ (AH) \_\_\_\_\_

Mobile:\_\_\_\_\_ Email: \_\_\_\_\_

How did you hear about this course? \_\_\_\_\_

My current and main occupation is: \_\_\_\_\_

I am a practising member of an appropriate and relevant professional associations (Please provide the name of your professional associations)

\_\_\_\_\_  
\_\_\_\_\_

I have attached a copy of my **current** association membership certificate.

**Professional Information** -- *Select all that apply:*

I have not been found guilty of any offence in Australia or overseas.

I have not been refused admission to or been asked to withdraw from a professional association or registration board.

I am not aware of any formal complaints of professional misconduct having been made to any professional association, organisation or registration board against me.

There are no complaints of professional misconduct currently under investigation in relation to my current/past work.

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**2012 Melbourne Course Dates:**

Level 1: Sat 11<sup>th</sup> Feb. Level 2: Sat 14<sup>th</sup> April. Level 3: Sat 16<sup>th</sup> June

Copies of my documents - WWC - Police Report or equivalent is attached: Yes: \_ No: \_

**RPL & Early Bird Discount: \$890 (20%) Secure Position Deposit \$250**

**Early Bird Rates expire 27<sup>th</sup> January 2012 -** Normal Course Fee: \$1,150

Contact Joane Goulding (03) 9802 6962

Email: [joane1@bigpond.com](mailto:joane1@bigpond.com) [www.sleepwalkchildren.com](http://www.sleepwalkchildren.com)

Return this form with your full payment or deposit to:

**291, Blackburn Road, Burwood East, Vic, Australia 3151**

**Payment Options: Money Order/Cheque: Payable: SleepTalk for Children or**  
[paypal@sleepwalkchildren.com](mailto:paypal@sleepwalkchildren.com)